

# MEDIA RELEASE

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## **Australian cancer groups release vital patient information resource on International Clinical Trials Day**

To mark 2016 International Clinical Trials Day today, the Cancer Cooperative Trials Groups (CCTG) of Australia have, for the first time, come together to release a [Fact Sheet](#) providing information for people interested in taking part in a clinical trial.

The information resource is the result of close collaboration and consultation between a group of consumers, together with 14 cancer trials groups based in Australia and New Zealand and aims to encourage participation in clinical trials.

Chair of the CCTGs Executive Officers Network and CEO of TROG Cancer Research, Joan Torony, said, "International Clinical Trials Day provides the opportunity to reflect on the importance of clinical research to the community for obtaining the evidence to translate ideas and discoveries into clinical practice."

"Without participants in a clinical trial, developments in the health area would not be possible and no advancement to improve, cure or prevent disease would be possible. People who participate in a clinical trial contribute to the wider community and the generations to follow, by allowing the development of treatment options for diseases.

"TROG Cancer Research, together with all the CCTGs are proud to be involved in producing this vital patient resource, which has been developed in consultation with patients and consumer representatives, who make an important contribution within each group."

There are 14 national Cancer Cooperative Trials Groups in Australia. These groups conduct world-class multi-disciplinary research for cancer control. Clinical trials help to inform clinical practice and improve the survival and quality of life of cancer patients.

Patients who are interested in participating in a cancer clinical trial are advised to speak to their healthcare team to see if there is a trial suitable for them, or they can contact the [CCTGs](#) directly.

Today marks International Clinical Trials Day, held annually on May 20 to recognise the world's first clinical trial which took place in 1747.

The CCTGs clinical trials information Fact Sheet has been facilitated by Clinical Oncology Society of Australia (COSA) and can be accessed on the [COSA website](#).

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